A New English Test for Teens

MET Go! is a multilevel test of authentic everyday American English.
MET Go! is a secure, multilevel exam measuring English language proficiency for adolescents at the beginner to intermediate range (CEFR A1–B1). MET Go! is specifically designed for test takers aged 11 to 15, with full-color graphics and topics that span social and educational contexts. MET Go! is offered throughout the year. Check with your local test centers for their scheduled exam dates.

MET Go! Sections
The exam offers a listening and reading section, a writing section, and an optional speaking section.

Grammar and vocabulary are assessed in both the listening and reading sections of MET Go!

Listening
- 5 parts
- 30 multiple-choice questions
- 30 minutes
- Recorded information and questions are played twice

Reading
- 2 parts
- 30 selected-response questions
- 30 minutes
- Part 1 includes grammar and vocabulary questions
- Part 2 features short-to-medium length texts. The test taker is asked questions about the texts.

The MET Go! writing section can be administered separately, or given immediately after the listening and reading section.

- 3 parts
- 30 minutes
- Part 1 asks the test taker to write sentences describing a comic illustration
- Part 2 asks them to describe an experience
- Part 3 asks them to express a preference

The optional MET Go! speaking test consists of four parts and lasts 7 to 10 minutes.
1. Warm-up
2. One picture comparison task
3. One picture description task
4. Two personal experience and preference questions

MET Go! CEFR Levels
A1 A2 B1
How is MET Go! scored?

The reading and writing sections are scored according to scales established by Michigan Language Assessment. Both the speaking and writing sections are administered and assessed by certified examiners.

The listening and reading section of MET Go! is machine-scored at Michigan Language Assessment. Each correct answer carries equal weight within each part. There are no points deducted for wrong answers.

What is the time frame for receiving results?

Michigan Language Assessment returns the score report results to the test center 10 days after the tests are received for scoring by Michigan Language Assessment.

How are results reported?

Test takers receive a score report with a separate score for each skill section. Each section score is linked to the Common European Framework of Reference (CEFR) scale. The MET Go! score report also includes personalized can-do statements for each skill; can-do statements describe examples of everyday language skills the test taker has achieved based on the CEFR level of English proficiency.

What about people who need accommodations?

Michigan Language Assessment wants everyone to be able to demonstrate language ability under circumstances that are fair and equitable. Special accommodations can be requested, which may include changes in the format or the administration of the test.

When is MET Go! offered?

All test centers choose their own MET Go! exam dates, provided the dates are reserved at least five weeks before the exam date. Test takers can take the test as many times as needed. Check with your local test center for available MET Go! dates.
Michigan Language Assessment is a nonprofit partnership of the University of Michigan and Cambridge Assessment English. Michigan Language Assessment is dedicated to offering a comprehensive and flexible set of the highest-quality American English language assessment products and services.

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